Me first in-house team training

What are the aims of the course?

1. Introduce you to the Me first communication model, tools and approaches to support communication with children and young people

2. Increase your knowledge of the barriers and challenges to communicating with children and young people of all ages including those with learning disabilities or communication impairments

3. Build on your existing skills and increase your confidence in communicating with children and young people of all ages including those with learning disabilities or communication impairments

What will it cover?

Co-developed with children young people and healthcare staff, it will include:

➢ Practical approaches used by healthcare colleagues on what works and doesn’t work for them
➢ Top-tips for improving communication in your clinical practice

Bespoke Training

We are happy to tailor the masterclass to an organisation’s specific needs. To find out more, please contact us at info@mefirst.org.uk.

Who?

The masterclass is for all healthcare professionals who work with children and young people clinically. The course is multi-professional and benefits from the diversity of roles and backgrounds that participants have. The masterclass is co-delivered with young people.

The course is suitable for:

➢ GPs and Practice Nurses
➢ A&E staff
➢ Physiological scientists
➢ Dentists
➢ School Nurses
➢ Secondary care doctors, nurses, HCSW
➢ Allied Health Professionals, Pharmacists,
➢ Social workers, Psychologists, Play specialists

Me first partners:

Great Ormond Street Hospital for Children NHS Foundation Trust
Common Room Consulting
Health Education England
Results

98% of delegates rate the masterclass overall as 4 or 5 out of 5 (1= poor and 5= excellent)
All attendees interviewed have made positive changes to their practice since attending the masterclass
Attitudes towards collaborative practice with young people are positively affected by the masterclass and are maintained at 4-6 weeks post masterclass
The masterclass has increased healthcare professionals’ communication skills with young people across four domains of listening

‘The model makes sense, getting to try out some phrases to implement it was good, the positive encouragement from the facilitators and hearing their experiences was great.’

‘The training has inspired me to make changes to my own practice and the department I work in.’

‘Excellent course. Very useful having all different professionals present to get a variety of perspectives and ideas.’

‘The day was engaging and creative, with a mix of different activities and time for reflection. We not only learnt the principles of child & young person centred communication but how to apply them within our own specialties and practices. A rare and much needed course, I would highly recommend this to any professional working with children and young people’

Prices (per session)

<table>
<thead>
<tr>
<th>Session Type</th>
<th>1 session</th>
<th>2 sessions</th>
<th>3+ sessions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Full day</td>
<td>£2000</td>
<td>£1800 (10% discount)</td>
<td>£1700 (15% discount)</td>
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<tr>
<td>Full day + Half day follow up</td>
<td>£2800</td>
<td>£2520 (10% discount)</td>
<td>£2380 (15% discount)</td>
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</tbody>
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Each session is for 20 people, larger groups may be accommodated but will be assessed on an individual basis.

As these sessions are in-house, the expectation is that the organisation requesting the session will provide a suitable venue. If you require us to arrange a venue or catering, these would be charged as extra to cover the additional costs. Travel expenses for training outside London would need to be reimbursed for the trainers and young advisors.

TO BOOK
Please visit our website www.mefirst.org.uk/training or contact us at

T: +44 0207 813 8442       E: Info@mefirst.org.uk

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